

IUD Doctor Referral Form

Please fax or scan completed form to: 604-888-8365 admin@integratedhealthclinic.com

Patient Name: _____

Date of Birth: _____ Cell#: _____

Referring Physician: _____

Clinic Name/ Address:

Tel: _____ Fax: _____

Email: _____

Brief medical history, reason for IUD referral:

Preference for IUD type:

- Copper (silver core) - 5yrs
- Kyleena (progestin 20ug LNG) - 5yrs
- Mirena (progestin 50ug LNG) - 5 yrs
- Pap needed
- STD testing requested

Every patient requires a 15 minute phone IUD screening prior to insertion. Prescriptions for insertion medication and IUDs will be given by Dr. Karen Parmar ND, at that time.

Costs - IUD screening \$35; IUD insertion \$115; Copper IUD \$65; Kyleena/ Mirena IUD costs vary with drug plans and coverages.

Date: _____ Physician Signature: _____

Information for Physicians Referring for IUDs

- 1.) Your patient's procedure will be performed by Karen Parmar ND. The procedure includes a pre and post bedside ultrasound to ensure uterus size, orientation and then proper placement of IUD. A doctor's referral note will be sent back to referring physician for your charts.
- 2.) Your patient will be screened for high risk of infection, and swabbed for bacterial vaginosis prior to insertion. If either of these are flagged, 1 dose of antibiotics will be given after the insertion to limit risk of infection.
- 3.) Your patient will receive local freezing of cervix and internal canal to minimize discomfort during the IUD insertion.
- 4.) Your patient will be advised to contact Integrated Health Clinic, should any complications arise from the procedure. A standard 15 minute follow up with Dr. Parmar will be recommended post insertion. This appointment includes a bedside ultrasound to ensure no movement of the IUD after 1 menstrual cycle, and assess any IUD related complications.
- 5.) No further assessments will be needed during the 5 year IUD life. No referrals necessary for removals.

If you have any questions please email or call Integrated Health Clinic @
604-888-8325
admin@integratedhealthclinic.com